

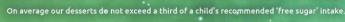
## Autumn Winter Menu 2023 - Week One

5<sup>th</sup> Sep, 25<sup>th</sup> Sep, 16<sup>th</sup> Oct, 13<sup>th</sup> Nov, 4<sup>th</sup> Dec, 8<sup>th</sup> Jan, 29<sup>th</sup> Jan, 26<sup>th</sup> Feb, 18<sup>th</sup> Mar

WEEK ONE	PLANET GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Pip's Planet Friendly Option	Beany Veggie Burrito	Cheese & Tomato Pizza & Garlic Bread	Quorn Sausage Casserole in a Yorkshire Pudding	Cheese & Onion Roll & Skin on Baked Wedges	Veggie Pasta Bake	
Option Two	Macaroni Cheese	Mild Chicken Tikka Curry & Mixed Rice	Filled Yorkshire Pudding with Savoury Mince & Roast Potatoes	Pork Sausage Roll & Skin on Baked Wedges	Fish Fingers & Chips	
Halal Option		Mild Chicken Tikka Curry & Mixed Rice	Filled Yorkshire Pudding with Savoury Mince & Roast Potatoes	Chicken Sausages & Skin on Baked Wedges		
Vegetables	Mixed Vegetables, Sweetcorn	Peas, Cauliflower	Carrots, Seasonal Greens	Green Beans/Baked Beans, Sweetcorn	Baked Beans, Peas	
Pasta	Pasta with Cheese or Tomato Sauce					
Sandwiches & Baked Jacket Potatoes	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham	Jacket Potato with Tuna Mayonnaise, Salmon Mayonnaise, Cheese or Beans	
Dessert	Apple Sponge	Flapjack Finger	Vanilla Sponge & Custard	Strawberry Jelly & Mandarin Segments	Chocolate Shortbread	

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Our desserts meet Public Health England's target for 'free sugar' intake for your child.







## **Autumn Winter Menu 2023 - Week Two**

11<sup>th</sup> Sep, 2<sup>nd</sup> Oct, 30<sup>th</sup> Oct, 20<sup>th</sup> Nov, 11<sup>th</sup> Dec, 15<sup>th</sup> Jan, 5<sup>th</sup> Feb, 4<sup>th</sup> Mar, 25<sup>th</sup> Mar

WEEK TWO	PLANET GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Pip's Planet Friendly Option	Cheesy Bean Pitta	Veggie Bolognaise Pasta	Veggie Sausage Toad in the Hole, Roast Potatoes & Gravy	Macaroni Cheese	Cheese & Onion Roll & Chips	
Option Two	Cheese & Tomato Pizza & Garlic Bread	Pasta Bolognese	Toad in the Hole, Roast Potatoes & Gravy	Chicken & Bean Burrito	Fish Fingers & Chips	
Halal Option		Pasta Bolognese	Toad in the Hole, Roast Potatoes & Gravy	Chicken & Bean Burrito		
Vegetables	Sweetcorn, Peas	Green Beans, Carrots	Cauliflower, Seasonal Greens	Mixed Vegetables, Sweetcorn	Baked Beans, Peas	
Pasta	Pasta with Cheese or Tomato Sauce					
Sandwiches & Baked Jacket Potatoes	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham	Jacket Potato with Tuna Mayonnaise, Cheese or Beans	
Dessert	Apple Crumble Bar	Lemon Cake & Custard	Banana Cake & Fruit Slices	Chocolate Cookie	Strawberry Jelly	

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Our desserts meet Public Health England's target for 'free sugar' intake for your child.





## **Autumn Winter Menu 2023 - Week Three**

18<sup>th</sup> Sep, 9<sup>th</sup> Oct, 6<sup>th</sup> Nov, 27<sup>th</sup> Nov, 18<sup>th</sup> Dec, 22<sup>nd</sup> Jan, 19<sup>th</sup> Feb, 11<sup>th</sup> March

•	WEEK THREE	PLANET GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Pip's Planet Friendly Option	Beany Veggie Sausage Pitta	Veggie Mince Cottage Pie	Veggie Sausage, Roast Potatoes & Gravy	Cheese & Tomato Pizza & Garlic Bread	Cheese & Onion Roll & Chips	
Ī	Option Two	Macaroni Cheese	BBQ Chicken Meatballs & Mixed Rice	Roast of the Day, Roast Potatoes & Gravy	Beef Chilli with Mixed Rice	Fish Fingers & Chips	
	Halal Option		BBQ Chicken Meatballs & Mixed Rice	Roast Chicken, Roast Potatoes & Gravy	Beef Mince Chilli & Mixed Rice		
i	Vegetables	Sweetcorn	Mixed Vegetables, Peas	Seasonal Greens, Carrots	Green Beans, Cauliflower	Baked Beans, Peas	
é	Pasta	Pasta with Cheese or Tomato Sauce					
	Sandwiches & Baked Jacket Potatoes	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham	Jacket Potato with Tuna Mayonnaise, Cheese or Beans	
	Dessert	Chocolate Banana Cake	Flapjack with Fruit	Chocolate Sponge & Custard	Lemon Drizzle Cake	Shortbread & Mandarin Pieces	

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

